Cub Scout Den Meeting Outline

Month: **January**
Point of the Scout Law: **Helpful**

<table>
<thead>
<tr>
<th>Before the Meeting</th>
<th>Tiger</th>
<th>Wolf</th>
<th>Bear</th>
<th>Webelos</th>
<th>Arrow of Light</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gathering</td>
<td>Gather materials for gathering and other activities, games and have home assignments (if any) ready.</td>
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<tr>
<td>Opening</td>
<td>Hidden Pictures: Tug of War Fun</td>
<td>I’ve Got that Cub Scout Spirit Opening</td>
<td>Obstacle Course</td>
<td>Bounce, Toss &amp; Jump Relay</td>
<td>None</td>
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<tr>
<td>Activity</td>
<td>None</td>
<td>None</td>
<td>None</td>
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<tr>
<td>Game</td>
<td>None</td>
<td>None</td>
<td>None</td>
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<td>None</td>
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<tr>
<td>Business Items/Take home</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>None</td>
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<tr>
<td>Closing</td>
<td>A Smile Closing</td>
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**Materials:**
- Gathering: copies of Hidden Pictures, pencils
- Opening: flag, song sheets
- Activity: cones, masking tape, stopwatch, balls/beanbags
- Game: large balls, beanbags
- Closing: closing word strips
- Home assignments: None

**Advancement:**
- Tiger - None
- Wolf – None
- Bear – None
- Webelos – Stronger, Faster, Higher 6
- Arrow of Light – None
In this big picture, find the heart, hamburger, shovel, ladder, screw, tea bag, banana, ladle, mug, worm, drinking straw, wrench, and funnel.

Can you also find the magnet, pencil, envelope, and fishhook?
“I’ve Got That Cub Scout Spirit” Opening

Materials:
Song lyric sheets

Cubmaster:
We have a song to sing for our opening today!

I’ve Got That Cub Scout Spirit
Tune: Down in My Heart

I’ve got that Cub Scout spirit up in my head
Up in my head, Up in my head
I’ve got that Cub Scout spirit up in my head
Up in my head to stay.

[Point to each part of the body as you sing. Replace “up in my head” with other words in the last four verses]

Deep in my heart
Down in my feet
All over me (use the verse below)

I’ve got that Cub Scout spirit up in my head
Deep in my heart, down in my feet
I’ve got that Cub Scout spirit all over me
All over me to stay!

Cubmaster:
Welcome to our Cub Scout den meeting today! Join me in saying the Pledge of Allegiance and the Scout Oath and Law.
I’ve Got That Cub Scout Spirit

I’ve got that Cub Scout spirit
Up in my head, up in my head, up in my head
I’ve got that Cub Scout spirit
Up in my head, Up in my head to stay.

I’ve got that Cub Scout spirit
Deep in my heart, deep in my heart, deep in my heart
I’ve got that Cub Scout spirit
Deep in my heart, deep in my heart to stay.

I’ve got that Cub Scout spirit
Down in my feet, down in my feet, down in my feet
I’ve got that Cub Scout spirit
Down in my feet, down in my feet to stay.

I’ve got that Cub Scout spirit
All over me, all over me, all over me
I’ve got that Cub Scout spirit
All over me, all over me to stay.

I’ve got that Cub Scout spirit
Up in my head, deep in my heart, down in my feet
I’ve got that Cub Scout spirit
All over me, all over me to stay.
Obstacle Course

Materials:
Cones
Masking tape (for balancing on)
Balls/Beanbags
Stopwatch (or way to keep time)

Have the Webelos den quickly create an obstacle course and then have the Webelos dens lead younger Cub Scouts on the course.

Obstacle courses combine many activities. You get to move in different ways and try new skills. Like other sports activities, you can improve your time on an obstacle course with practice.

Here are some movements you could include in your obstacle course:

Crawling under a table
Jumping over a line
Tossing a ball or beanbag into a bucket
Running a specific distance
Weaving through cones
Walking backward 10 steps
Balancing as you run along a tape
Bounce, Toss and Jump Relay

Materials:
A ball that can be bounced for each team of 10-15 boys
A beanbag for each team of 10-15 boys

Instructions:
1. Divide the Cub Scouts into teams of 10-15 boys – as evenly as possible.

2. Each team will get a ball and a beanbag that will be placed at a spot 20 feet in front of the team.

3. On “Go,” the first player on each team runs to the ball and beanbag, picks up the ball. He bounces the ball 10 times, tosses the beanbag in the air 10 times, and then jumps up and down 10 times. The first player then puts the ball and beanbag where he found them and then runs back to his team and tags the next player.

4. Play continues until all members of the team have had a turn.
A Smile Closing

**Materials:**
Word strips for each Cub Scout participating.

**Cub Scout #1:** I think there were at least 100 smiles here today at our den meeting, but did you know...

**Cub Scout #2:** A smile costs nothing...

**Cub Scout #3:** But it creates much...

**Cub Scout #4:** It happens in a flash, but the memory sometimes lasts forever.

**Cub Scout #5:** It cannot be bought, begged, borrowed, or stolen.

**Cub Scout #6:** But it is of no earthly good to anyone unless it is given away.

**Cub Scout #7:** So, if in your hurry and rush, you meet someone who is too weary to give you a smile, leave him one of yours.

**Cub Scout #8:** No one needs a smile as much as a person who has none left to give.

**Cubmaster:** Let’s give a smile away today. We’ll see you at our next den meeting.
A Smile Closing Word Strips

Cub Scout #1: I think there were at least 100 smiles here today at our den meeting, but did you know...

Cub Scout #2: A smile costs nothing...

Cub Scout #3: But it creates much...

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